

## Tick Sheet: Spring Summer Week 3

Recipe Description Contains <b>X</b> May Contains <b>O</b>	Peanuts	Eggs	Nuts	Crustaceans (Shellfish)	Molluscs (Shellfish)	Fish	Milk	Cereals containing Gluten	Soya	Sesame seeds	Celery	Mustard	Lupin	Sulphur Dioxide
Mac N Cheese							Х	X						
GF/DF Mac N Cheese									X					
Garlic Bread								X	X					
GF/DF Garlic Bread														
Vegetable Bean Burrito								X				Х		
Orange Muffin		Х					Х	X						
Pork and Apple Burgers								X						Х
Bun								X		0				
Vegetable Burger														
Victoria Sponge		Х					Х	X						
Roast Chicken														
Vegan Toad in the Hole								X						
Gravy														
Yorkshire pudding		Х					Х	X						
GF/DF Yorkshire pudding														
Peach melba Crumble								X						
Ice-Cream							Х							
Beef Bolognaise											X			
Penne Pasta								X						
GF Pasta									X					
Italian Tomato Sauce														
Garlic Bread								X	X					
DF/GF Garlic Bread														
Chocolate Sponge		Х						X						
Ice Cream							Х							
Salmon and Sweet potato Fishcakes		1			1	Х		X	1				1	
Quorn Fried Vegan Nuggets		1			1	Х	1	1	1				Ì	
GF Fishcakes						x		1						
Pips organic								1						