

St Mary's Newsletter

Issue 17 7th June 2024

St. Mary's Catholic Primary School, Woodbridge Road, Ipswich, IP4 4EU http://www.stmaryscatholicprimaryipswich.com

School Rules:

Be ready, Be respectful, Be safe

Tweet of the Week

"Let us #PrayTogether for victims of all wars, both present and past. May God help those who still suffer because of them. The first victims of these tragedies are always the poor, the weak, the elderly, and women and children." *Pope Francis (@Pontifex)*

Week Commencing 10th June 2024

Tues IIth June: Year 3 Swimming

Tues $\ensuremath{\mathsf{II}^{\mathsf{th}}}$ June: Mass with Bishop Peter in Church at

2.15pm

Parents/carers warmly welcome to attend

Thurs 13th June: Composer Visit to Years 4 & 5 in

School

Thurs 13th June: Years 5 & 6 Class Mass in School

Parents/carers welcome

Thurs 20th June: Year 4 Parish Mass in Church at

9.15am

Parents/carers welcome

Thurs 20th June: KS2 Sports Day at Sidegate Primary

School 12.45–2.45pm — further details to follow

Fri 21st June: Years 5 & 6 Clip'n'Climb Trip

Week commencing 24th June: Arts Week

Tuesday 16th July 9am: Reception, Year 1 & Year 2

Sports Day

Dear Parents and Carers,

Welcome back to school, we hope you all had an enjoyable half term. We have a very busy term ahead.

We are all looking forward to Bishop Peter visiting the school. You are warmly welcomed to attend Mass in Church on Tuesday IIth June at 2.15pm.

As the weather warms up, please remember your child's water bottle, sun hat and sun cream so that we can enjoy the weather safely.

Warm Regards Mrs Berry and Mrs Measham



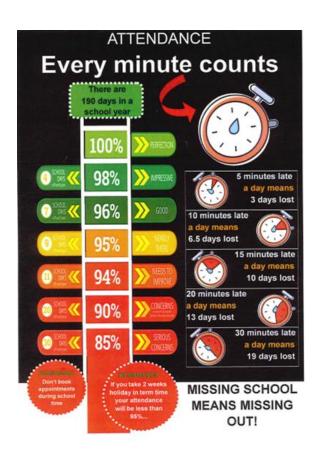
NO PHONES ON SCHOOL PREMISES

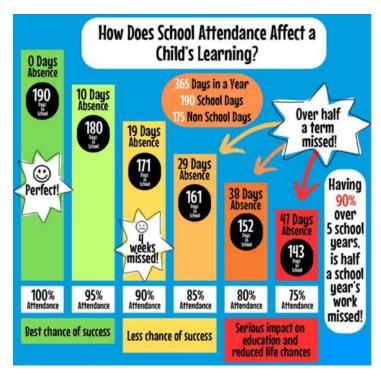
Can we please kindly request that parents/carers do not use mobile phones anywhere on the school premises (including the playground) due to safeguarding concerns. Many thanks for your support.

ATTENDANCE

Please take time to read and familiarise yourself with our Trust Attendance Policy: Attendance Policy

Please be aware that the school is unable to authorise holiday requests for absence during term time.







POOR AND INCONSIDERATE PARKING CLOSE TO SCHOOLS CAN PLACE CHILDREN AT RISK



DO NOT PARK ON THE FOLLOWING





To report problem parking, scan the QR code





Please park safely and be considerate of others.





#thinkb4upark

SPORTS CLUBS SUMMER TERM 2024

Mondays

Football Club (years 3, 4 & 5 boys) 3.30-4.30pm.

Thursdays

Football Club (years 3, 4 & 5 girls) starts at 8am.

Fridays

Multisports Club (years 1, 2 & 3) starts at 8am. FULLY BOOKED Handball & Dodgeball (years 4, 5 & 6) starts at 12.10pm. FULLY BOOKED Cricket & Rounders Club (years 4, 5 & 6) 3.30-4.30pm.

Please contact the School Office for further information.

SPORTS NEWS FROM MRS DYER



Eight boys from Years 4, 5 and 6 went to the under IIs cricket tournament at Ransomes. They showed off some great bowling, strong batting and some slick fielding. Well done boys, we had a lot of fun and you were a joy to be with.

Mrs Dyer



FRIENDS OF ST MARY'S SUMMER FAIR

Saturday 15th June 2-4-pm

Our school Summer Fair is being held on Saturday 15th June from 2 til 4-pm. We have arranged for the fire service and police to attend, which is really exciting, and will have our very own St Mary's students performing with Jiqzaw Dance Studio.



Volunteers - We are still short of volunteers to run stalls, help barbecue, set up and clear up, so would appreciate some extra hands to make it the best it can be. Even one hour would be amazing, and the children love to see you getting involved or being in charge of a stall! Please sign up here:

https://volunteersignup.org/MHM9Q

Raffle tickets - You should have received books of raffle tickets with the eldest child in each family. We have some fantastic prizes including cash, vouchers and family activities perfect for summer. If you haven't received your tickets please alert your class rep.

Please feel free to buy tickets, offer to family and friends, or return them to the office for resale. If you want more tickets please ask at the office who will hold a small supply. The raffle will be drawn at the Summer Fair on Saturday 15th June.

Donations - We are still in need of donations for the fair. We'd love:

soft toys fidgets and small party bag type toys bottles or cans of soft drinks for our soft drink tombola. good quality tombola prizes

Any of these would be appreciated. There will be a box outside the school office to collect these.

Next week - In the week before the fair, we will send home a paper plate and a paper bag.

The bag is for our ever popular 'lucky bag' stall - we'd love it if the children could decorate them, and then fill them with goodies (things you have in the house would be fine, party bag type toys, pencils, rubbers, happy meal toys, sweets etc) and send them back in.

The plate is for cake donations, we would be very grateful for donations of cupcakes, brownies, flap jacks or traybakes that won't spoil (e.g. fresh cream), that can be easily separated and sold on the day of the fair. We ask that these be brought in to school on the Thursday or Friday, or brought along to the fair on the Saturday.

Thank you, as always, for your support, FOSM

Child and Adolescent Mental Health Parent Workshops

Norfolk and Suffolk
NHS Foundation Trust

Upcoming virtual workshops:

- Anxiety
- · Communicating with our children
- Emotion regulation

Book onto a free workshop here: www.nsft.uk/workshops









Sensory processing difficulties in the early years

SENDIASS is hosting a relaxed online session for parents and carers to help explain how we use our senses to navigate everyday life and react to the world around us.

The presentation will be delivered by a member of Suffolk's Early Years and Childcare Service and will explain how children take sensory information in and relate it to the behaviour that comes out.

The session will explore:

- · How children process information through their sensory systems
- · What sensory processing difficulties are
- How sensory processing difficulties might present in children 0-5
- Some simple strategies and resources that can support young children with sensory processing difficulties

24th June 2024 10am - 11:30am

Click here to register

"So useful...helps to understand some of the behaviour of my son."

"Brilliant session - thank you!"

"This has been really helpful, given some real strategies that we can use."

Click here to book







Planning transition to secondary school

for pupils with SEND

SENDIASS is offering a relaxed online session for parents and carers to help them plan the transition to secondary school for children with SEND.

The session will be supported by a specialist teacher from the Communication and Interaction service.

We will explore:

- Information to look for to help you and your child prepare for working with school around transition
- Transition meetings and resources to help you and your child share your views
- Additional transition support and considerations

Anyone who books will be sent a pre-recording of the session and an additional video to help build your child's confidence for high school.

18th June 2024 6pm - 7:30pm

Click here to register

- "This has helped massively!"
- "This has been of immediate benefit. I feel more ready to carry things forward now."
- "Really helpful and informative."

Click here to book





Annual Reviews of EHC Plans

SENDIASS is offering a relaxed online session explaining Annual Reviews of EHC plans. The webinar was co-produced with parents and carers and practitioners are also welcome to register.

We will explore:

- the purpose of an annual review and an EHC Plan
- what the process involves & how you & your child can be involved
- · the different kinds of review and timeframes
- · and what decisions can be made at the end.

Everyone who books will be sent a pre-recording of the session to watch at their own pace and links to a suite of additional resources.

26th June 2024 6pm - 7:30pm

Click to register

What parents and practitioners have shared about this session -

'A great help - accessible and clear.'

'Such an informative and helpful session - thank you!'

'I prepare paperwork for reviews daily and I found this very helpful.'





Understanding children and young people's behaviour as a communication need.

We all communicate through behaviour.

SENDIASS is hosting a relaxed online session for parents and carers exploring how to support the communication skills of children and young people, through our own responses, to better understand their behaviour.

Specialist teachers from the Speech, Language and Communication Needs Service will deliver the session. This team is part of the of the Specialist Education Services in Suffolk, which support schools to support pupils with different special educational needs.

10th June 2024 10:30am - 12 noon

Click to register

What parents have said about this session:

'This was a really helpful session.'

'Such valuable information!'

'Great session. Thank you for all the tips. We found it very useful.'

Click here to book

HELP US WIN £1,000 FOR OUR LIBRARY!



Nominate us at nationalbooktokens.com/schools-prize and you could win a £100 gift card!











SPOTLIGHT ON YEAR 3

Year 3 have had a very busy term. I can't believe we are now in the final 7 weeks before the Summer holidays. This year has flown by! Year 3 have done some amazing things, which they are excited to share with you. We are looking forward to the next half term, it's going to be a busy one! We have some special events planned, such as Roman Day. As we approach the end of the school year, we are proud of everything Year 3 have accomplished so far. Their enthusiasm, hard work and curiosity have made this a memorable year. We can't wait to see what the final weeks of the term will bring!

R.E.

In R.E we have been exploring significant events from the life of Jesus, focusing particularly on the Last Supper and the Road to Emmaus. One of the highlights was when the students acted out the Last Supper. They fully embraced their roles, with two students taking on the role of Jesus. They had a brilliant time and have en joyed our R.E lessons.











In D.T. the children have been making 'Noodle Salad'. They used peppers, carrots and tomatoes. The children had prawn crackers for a treat, which they loved. They

all enjoyed tasting (using chopsticks) and making the noodle salad.



We discussed why it is essential to include a variety of nutrients in our diet and how different foods contribute to our overall health. We explored the different vitamins found in the ingredients we used. For instance, we learned that carrots are rich in vitamin A, which is beneficial for vision and immunity. The children loved learning about the vitamins in foods and how they support our bodies.









ART

In Art, the children had a unique and inspiring experience when a visiting artist, currently studying at the University of Suffolk, came to our school. The project began with an outdoor drawing session where the children closely observed and sketched flowers and leaves. This activity allowed them to pay

attention to the intricate details and natural designs of the foliage. The children were encouraged to look closely at the shapes, lines and textures of the leaves and flowers. The artist shared her own artwork with the class, which fascinated the children and sparked their interest. Many of them expressed a newfound desire to become artists in the future. Throughout this project, the entire class demonstrated their amazing creativity and artistic talents. They thoroughly enjoyed the experience and it was wonderful to see their enthusiasm and passion for art grow.



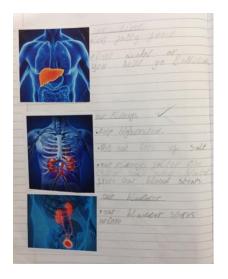


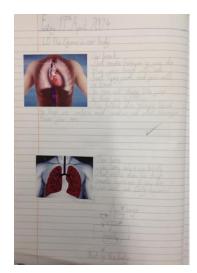
SCIENCE

In Science, Year 3 had a trainee doctor come in to talk about their organs. Our topic was about our bodies. The children really enjoyed learning about the different organs in our bodies and their function. The trainee doctor provided detailed explanations about how each organ works and why it is important for our health. The children asked many insightful questions and showed great curiosity about how these organs help our bodies function every day. They enjoyed interactive activities, such as feeling their own heartbeat.









HISTORY



In History, Year 3 embarked on an exciting adventure with their first trip to Colchester Castle, where they delved deeper into the fascinating world of the Romans. The children had an absolute blast. One of the highlights of the trip was the opportunity to explore the dungeons.

Venturing beneath the castle and going back in time, the children uncovered hidden secrets as they explored the underground tunnels. They looked at artefacts and objects. From pottery to coins to tools, each item told a story of the people who once inhabited Colchester and left their mark on Roman history.

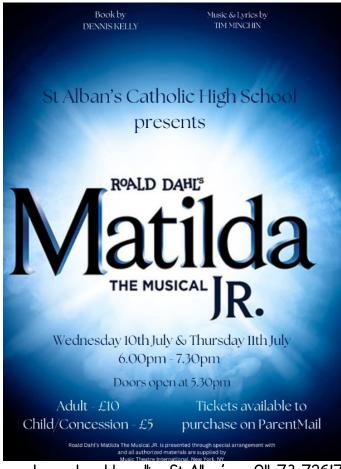












Tickets can be purchased by calling St Alban's on 01473 726178



Open Mornings

An opportunity to visit and experience the school as a live, learning environment, see our outstanding facilities and talk with key staff members.

> Monday 8th and Tuesday 9th July 2024 9.10am – 10:25am

To book a tour please scan the QR code





NSPCC LISTEN UP, SPEAK UP



It takes a village to raise a child. And it takes a community to keep children safe.

That's why the NSPCC is encouraging every adult in the UK to take their 10-minute digital training and learn how to listen up and speak up for children.

Listen up, Speak up will show you:

- *some signs a child might be at risk, and steps you can take to help
- *how to approach difficult conversations to help keep children safe
- *who you can contact if you're ever concerned about a child or their family.

Follow this link: NSPCC Listen up, Speak up 10-minute Training

Worried about a child?

If you're worried about a child, even if you're unsure, contact the NSPCC Helpline to speak to a counsellor. Call us on 0808 800 5000, or email help@nspcc.org.uk

IN NEED OF SUPPORT?

Some sources of support are as follows:

https://healthwatchsuffolk.co.uk/signposting/youngpeople/

You can call Childline about anything on 0800 IIII. There is the option to speak with one of its councillors. It also has plenty of information on its website, including information about Cyberbullying: https://www.childline.org.uk/

Children and Young People's Emotional Wellbeing Hub

Information, advice and support for anyone concerned about the emotional wellbeing and mental health of a child or young person aged 0 to 25 years. Link above or call 0345 600 2090.

https://www.youngminds.org.uk/

Anyone can call Samaritans on 116 123. It does not matter how old you are or what is bothering you. This page on the Samaritans website tells you what to expect if you call them.

If you are concerned about an immediate risk to the safety of a child, please call <u>Customer First</u> on 0808 800 4005. In an emergency, call the Police on 999.

Summer Term Dates

W/C 20th June KS2 Sports Day
21st June Year 5 & 6 Clip & Climb
24th June: Arts Week
25th June School Music Concert
26th & 27th June Year 6 High School Induction Days
28th June ARTS Week Open Evening
16th July Reception, Year 1 & Year 2 Sports Day
17th & 18th July Key Stage 2 Play
19th July End of Term Mass 2pm in Church

Term dates for 2023 - 2024

Summer Term 2024

Monday 15th April — Friday 19th July **Bank holiday**: 6th May **Half term**: 27th May — 31st May **Staff Training day**: 12th April

Term dates for 2024 - 2025 Autumn Term 2024

Wednesday 4th September — Friday 20th December

Half term: 28th October — Ist November

Staff Training day: 2nd September, 3rd September & 4th November

Spring Term 2025

Tuesday 7th January — Friday 4th April **Half term**: 17th February — 21st February **Staff Training day**: 6th January

Summer Term 2025

Wednesday 23rd April — Tuesday 22nd July

Bank holiday: 5th May

Half term: 26th May — 30th May

Staff Training day: 22nd April