



# St Mary's Newsletter

Issue 18

03<sup>rd</sup> February 2023

St. Mary's Catholic Primary School, Woodbridge Road, Ipswich, IP4 4EU

<http://www.stmaryscatholicprimaryipswich.com>

## School Rules:

Be ready, Be respectful, Be safe

## Tweet of the Week

"As a Church we need to breathe the pure air of the Gospel, to dispel the tainted air of worldliness, to safeguard the young heart of faith. That is how I imagine the African Church and that is how I see this Congolese Church.."

*.Pope Francis (@Pontifex)*



## Week Commencing 6<sup>th</sup> February 2023:

Mon 6<sup>th</sup>: Yr 4 Swimming – leaving school at 9am

Thu 9<sup>th</sup>: Yr6 Parish Mass 9.15am in Church

Fri 10<sup>th</sup>: Non-uniform Day – Dress to impress

Fri 10<sup>th</sup>: Celebration Assembly 8.45am Rec/Yr1/Yr2/Yr3 – Parents Welcome

Fri 10<sup>th</sup>: Celebration Assembly 3pm Yr4/ Yr5/ Yr6 – Parents Welcome

Fri 10<sup>th</sup>: End of half term: Children return to school on Mon 20<sup>th</sup> Feb

## NON UNIFORM DAY:

To mark children's mental health week we are taking part in Dress to Express on Friday 10<sup>th</sup> February.

Children can wear what they like, as colourful as they like, whatever makes them feel comfortable as themselves or however they would like to express themselves but please make it appropriate for a day at school.

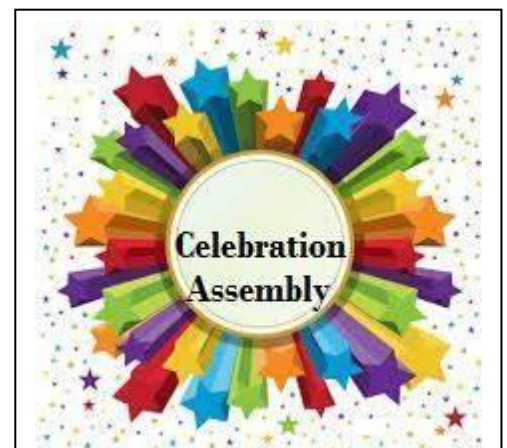


## CELEBRATION ASSEMBLY:

Please join us in school on Friday 10<sup>th</sup> February for celebration assembly.

Reception, Year 1, Year 2 and Year 3 – 8:45am

Year 4, Year 5 and Year 6 – 3:00pm



## SOFT TOY SALE:

Year 2 are having a fundraising sale to raise money for CAFOD. They would like to have a soft toy sale on Thursday 9<sup>th</sup> February which is just before half term. So, we need donations please! Can you have a look through your toy boxes and cupboards and send in donations of anything that is clean, undamaged but no longer wanted by your children. The children have great fun buying and selling the toys and it will benefit a great charity CAFOD, who do so much to help and support those in need. Thanks for your help - an early Spring clean!

**CAFOD**  
Just one world



# SPOTLIGHT ON

# YEAR 3

It has been an exciting half term. The children have continued to work hard and have shown determination throughout the curriculum. We have focused specifically on the following Learning Behaviours: *Empathy* and *Active Listening*. As well as Learning Detectives, we have employed some Light Monitors! We discussed the importance of saving energy and its impact on the environment.

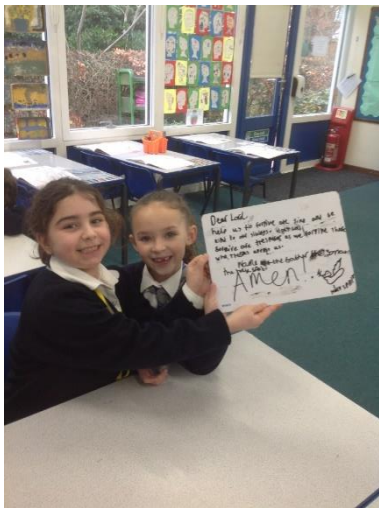
## HISTORY:

In History we have been learning about the Bronze Age and its difference to the Stone Age. We learnt that the Bronze Age was significant in bringing about new technology, through the discoveries of metal and smelting and new ways of living. We have been learning about the evidence that was left behind from that age that tells us about that time in history. Although nothing written, artefacts were often found in burial grounds around the country. We have looked at Stonehenge and learnt that it evolved over 1,000 years, and how people moved the rocks before the invention of the wheel! We drew some pictures of the sun setting behind Stonehenge.



## ART:

The children have displayed much enthusiasm in their Art lessons. The lovely Miss Mudd taught them a range of collaging skills. The pupils' final products are currently on display in the classroom.

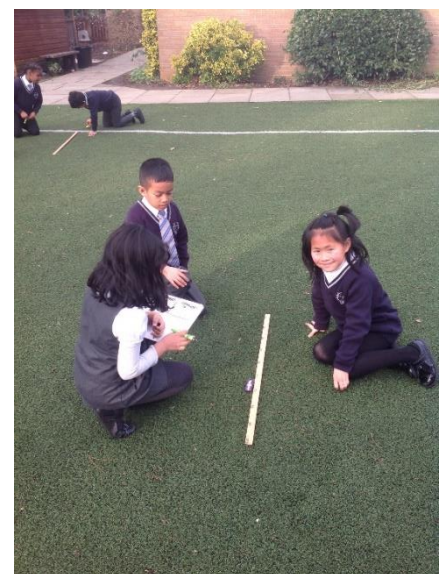


## RE:

In R.E, we have discussed what it means to be Catholic. We have also discussed the importance of prayer as a way to open our hearts to God. The children worked in pairs to write their own prayers, these ranging from Praise to Reconciliation. Some children chose to share their prayers with the class, whilst others prayed quietly by the Reflection Corner.

## SCIENCE:

In Science, we have been learning about different types of forces. Lessons have had a practical approach, encouraging the children to pursue a line of Scientific enquiry. One example included using toy cars to test resistance on a range of surfaces. The further the car travelled, the less resistance. We analysed our results and linked these to a real-life context. We concluded that resistance is a positive force and asphalt would be much safer for a car to travel as opposed to ice. The pupils were challenged further and asked to reason what would happen if we played sports on different surfaces e.g. ice hockey on AstroTurf and football on an ice rink.



## MUSIC:

Year 3 were very excited to share the amazing 'Travelling by Tuba' workshop with Year 4 and enjoyed their lively and entertaining assembly. All children from Lower Key Stage 2 were able to enjoy creating a piece of Samba music using various percussive instruments, followed by a 'Samba Earworm Song!' Thank you to Mrs Dyer for organising such a wonderfully engaging visit, to enhance even further our music curriculum.



## SEND FAMILY FARM DAY:

Charity No: 107488

The Befriending Scheme  
Bringing people together

Friends Community Farms

ACTIVITIES UNLIMITED

### SEND Family Farm Days

The Befriending Scheme are really excited to be offering a monthly SEND family day at our community farm in Lindsey, Suffolk.

If you are the parent/carer of a child or young person with SEND why not bring them (and their siblings) along to join the fun?

### Starting Saturday 8th April 2023

Then the second Saturday of every month.  
Each session runs from 10am til 3pm any weather.

- Meet & feed animals
- Nature crafts & cooking activities
- Help grow plants & vegetables
- Make new friends

Just £7 per family with snacks, lunch and drinks included (please advise of any dietary requirements). All spaces must be booked in advance. Payments can be made via BACS/PayPal at time of booking.

For more information or to book, please contact Emma via 07906758036 or [emma.lowery@thebefriendingscheme.org.uk](mailto:emma.lowery@thebefriendingscheme.org.uk)

We can't wait to meet you! Don't forget your wellies!

A photograph of a sheep and a family with a child in a wheelchair. The family is smiling and looking towards the camera. The child in the wheelchair is wearing a pink shirt and blue overalls. The sheep is in the foreground, looking towards the camera.

## BEHAVIOUR SAFE AT HOME:



**BehaviourSafe**  
At home

*"All parents who have children with a learning disability should receive this training. It enables you to keep your children safe and to have the confidence to access the community more."*

**BehaviourSafe at home** supports parents, carers and family members living with children who display extreme behaviours, to improve the safety of everyone.

Suitable for parents of children with additional needs including Autism, ADHD, learning difficulties and mental health difficulties, the two day course includes:

- Early Intervention**  
Understanding the triggers of challenging behaviour and how to deal with them is essential to improve the safety of all in the home. This course supports parent/carers to gain a better understanding of the theory and use of physical interventions and to cope with all levels of behaviour, with a focus on early intervention and de-escalation techniques.
- Theory and Practical**  
The course covers:
  - The theory of de-escalation
  - The legal framework around restrictive techniques
  - Tailored early intervention strategies
  - Individualised response plans
  - Physical intervention training, including non-restrictive and restrictive techniques if required.
- Support and Community**  
Participants have the opportunity to meet other parents and carers facing similar challenges, access to a closed website area and support from a private Facebook support group.

**BellsCroft** CONSULTANCY **ACTIVITIES UNLIMITED**

BehaviourSafe at Home is run by BellsCroft Consultancy and part funded by Activities Unlimited.

For more information, visit [www.bellscroft.co.uk](http://www.bellscroft.co.uk) or to book a course, email [info@activities-unlimited.co.uk](mailto:info@activities-unlimited.co.uk) or call 01473 260026

*"Excellent trainers with a huge wealth of experience. Thank you very much"*

*"I feel empowered by the information and techniques I learnt on this course"*

For an application form: [2023 Behaviour Safe at Home Booking Form Feb-July.docx](#)

## TERM DATES:

### Term dates for 2022 – 2023

#### Autumn Term 2022

Monday 5<sup>th</sup> September – Friday 16<sup>th</sup> December

#### Spring Term 2023

Wednesday 4<sup>th</sup> January – Friday 31<sup>st</sup> March

Half term: 13<sup>th</sup> – 17<sup>th</sup> February

Staff Training day: 3<sup>rd</sup> January

#### Summer Term 2023

Tuesday 18<sup>th</sup> April – Thursday 20<sup>th</sup> July

Bank holiday: 1<sup>st</sup> May & 8<sup>th</sup> May

Half term: 29<sup>th</sup> May – 2<sup>nd</sup> June

Staff Training days: 17<sup>th</sup> April, 21<sup>st</sup> July