

Newsletter

Issue 28

29th April 2022

St. Mary's Catholic Primary School, Woodbridge Road, Ipswich, IP4 4EU

<http://www.stmaryscatholicprimaryipswich.com>

School Rules:

Be ready, Be respectful, Be safe

Tweet of the Week

"When we bring peace to someone who is suffering physically or spiritually, when we spend some time listening, being present, or consoling someone, we encounter Jesus who repeats to us through the eyes of all those who are weighed down by the trials of life: Peace be with you!"

Pope Francis (@Pontifex)



St Mary's School Drivers



Whole Child

Community

Communication

Faith

WC 2nd May 2022

Mon 2nd May: Bank Holiday

Wed 4th May: Beginning of term mass 14.30 in church
Parents welcome

Thu 5th May: PGL Meeting Yrs 5 & 6- virtual meeting

Dear Parents and Carers,

It was wonderful to welcome the children back to school on Tuesday. They looked well rested and have approached their learning with enthusiasm and determination.

We have been thinking about Eastertide, the 50 days between Easter Sunday and Pentecost. It is a time when we rejoice in the hope, joy and peace that Jesus brings through His death and resurrection.

Have a wonderful long weekend,

Mrs Berry and Mrs Measham

SPORTS CLUBS:

New Sports Clubs for Summer Term 2022:

Monday 3.15pm Football – Years 1 & 2 **FULLY BOOKED**

Wednesday 8am Multisports – Years 1, 2 and 3 **FULLY BOOKED**

Wednesday 3.15pm Cricket – Years 4, 5 and 6

Thursday 8am Rounders – Years 4, 5 and 6

Friday 12.10pm Girls Football – Years 3, 4 and 5

Friday 3.15pm Boys Football – Years 3, 4 and 5



There are still a few spaces available on the KS2 clubs, places will be offered on a first come first served basis. If you wish to book a space please email the school office by Tuesday 3rd May. If you are pupil premium status you will not be charged for sports club for your child if they wanted to attend.

Clubs will begin on 4th May 2022.

REMINDER:

If there are any changes to pick up arrangements for your child/children, please can you inform the school by email before 2pm.

BEGINNING OF TERM MASS:

Please join us in church on Wednesday 4th May at 2.30pm for our beginning of term mass.



TRIPS/SWIMMING DATES:

Year 3: Swimming lessons start on Monday 9th May (leaving school at 9.15am)

Rec/Yr 1 & 2: Colchester Zoo – 24th May

CELEBRATION ASSEMBLIES:

Thursday 26th May – 8.50am for Year1, Year2 and Year3

Thursday 26th May – 2.55pm for Year4, Year5 and Year6



READING GROUPS:

If your child is asked to be included in a reading group you will be informed of this via parentmail this week.

AVANCED DATE:

Friday 24th June – Arts week school event, open to parents from 3.15pm – 5pm.



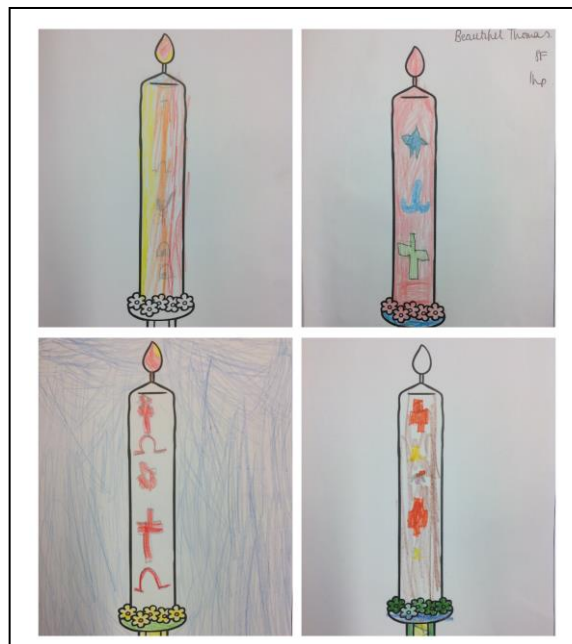
RECEPTION:



Firstly, I just wanted to say how brilliantly all the children in reception have come back to school after the Easter holidays! We have been talking about opinions this week, we learnt that opinion means having our own views. We learnt that we all like and dislike different things and that it is ok to have different opinions to others! We played a game where we had to put our hands on heads if we liked something, we shut our eyes so that we didn't copy our friends!

YEAR 1:

In science this week year 1 have been learning about different types of plants and what plants need to grow. We potted our own seeds and we hope to grow parsnips, carrots and tomatoes over this term.

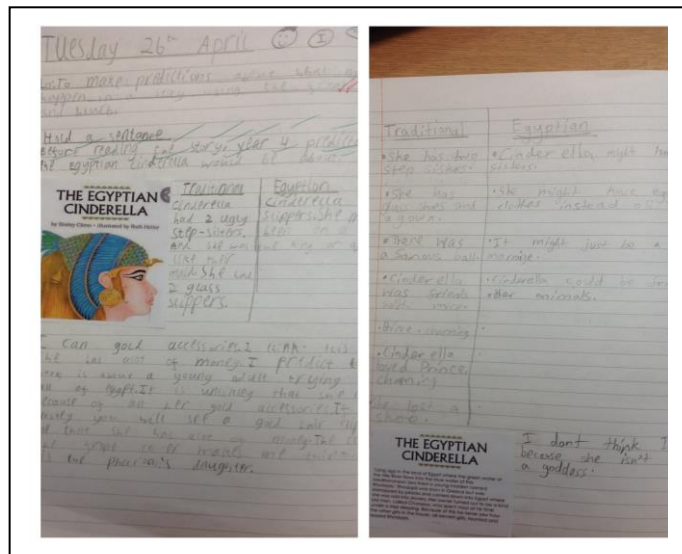


YEAR 2:

Year 2 have been learning about the time Jesus appeared to his disciples. We also learned about paschal candles, what they are and why they are used at Easter time. We had great fun designing our own paschal candles.

YEAR 3:

In year 3, we have been learning about Pentecost. In small groups, the class collaborated to create short plays about how the Apostles spread the gospel after the death and resurrection of Jesus.



YEAR 4:

In Year 4, we have started to look at the tale of The Egyptian Cinderella. We made predictions using the front cover and blurb, and compared this to the traditional tale.



YEAR 5:

Year 5 had a wonderful time making scones as part of their DT topic. It was a focused, enjoyable session with everyone motivated to taste and assess the final product! They had made enough to taste, take home and share with after school club. The whole class worked with care and consideration for each other and even offered to do the washing up afterwards. I know! Well done everyone.



YEAR 6:

Year 6 have come back from the Easter holiday with great determination. This week, in the mornings, we have been revising key areas in preparation for the SATs. I couldn't be a prouder teacher, with the calmness and eagerness to do their best they are showing. You've got this Year 6!



SCIENCE CHALLENGE:

Please find attached this week's science challenge. Mr Cook would love to hear how to make a lava lamp. Please feel free to send in photos of your attempts

HOW TO MAKE A LAVA LAMP

SCIENCE CHALLENGE 19

Designed by Gemma,
James Dyson
Foundation executive

The brief

Make your own lava lamp.

The method

1. Fill the empty bottle $\frac{1}{4}$ full with vegetable oil.
2. Top it off with water and about 10 drops of food colouring.
3. Break an Alka-Seltzer® tablet into pieces, and add pieces of the tablet to the bottle. The mixture will bubble.
4. Put the cap on and gently tip the bottle back and forth. This will cause the tiny droplets of coloured water moving around inside the oil to join together, making bigger blobs. Do not shake the bottle.
5. Shine a torch into the bottle from underneath, illuminating the bubbles.

Materials

Empty water bottle
A large bottle of vegetable oil
Food colouring
Alka-Seltzer® tablets
(with adult supervision)
Water
A torch



How does it work?

Oil is hydrophobic – it will not mix with water – even if you try to really shake the bottle. The Alka-Seltzer® tablet reacts with the water to make tiny bubbles of carbon dioxide which are lighter than water. They attach themselves to the blobs of coloured water, causing them to float to the surface. When the bubbles pop, the coloured blobs sink back to the bottom of the bottle.

NEW SCHOOL MENU FOR SUMMER TERM:

When we return to school after Easter we will have a new school menu, running on a 3 week cycle.

We have attached the menu and allergy information with the newsletter but below is a link if you find this easier.

<http://www.eats-catering.co.uk/menus/>



FOSM:

SUMMER FAIR:

We have been really pleased by the support for our summer fair so far. Lots of you have expressed a willingness to help, which is amazing.

Now we need to allocate specific tasks, so if you would like to help, even if you have already been in touch, please sign up so we have your contact details.



VOLUNTEER SIGN UP

In order to manage the volunteer spots on the day, please can all our volunteers now use this tool to sign up for the times and tasks that suit you.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet: volunteersignup.org/DAT4Q

To sign up, just follow the instructions on the page. It only takes a few seconds to do.

If you are happy to be on a stall for the entire fair, please select 'stall 2-3pm' and 'stall 3-4pm'. We will, of course, make sure you are able to have a break.

Thank you for volunteering!

SOFT TOYS, BOOKS, AND SWEETS

We would also be most grateful for donations of soft toys and teddies, books in good condition, and packaged chocolate and sweets (Easter sweet amnesty).

There is a box outside the school office where you can place any donations, or approach your class rep if you need any help.

DRESS DOWN DAY JUNE 10TH

In the interest of advance warning, we will have one more dress down day this year, on June 10th.

Instead of a pound, we will be requesting bottle donations to be used for a tombola at the fair – soft drink bottles or alcohol bottles are all welcome.

Many thanks in advance for your support



Friends of St Mary's team

AUTISM AND ADHA COFFEE, CAKES AND CHATS MORNING:

**Coffee, Cake & Chats
@ Cult Cafe Bar**

Tuesday's
8th March 10am-12pm
12th April 7pm-9pm
10th May 10am-12pm
14th June 10am-12pm
12th July 10am-12pm

Join us for a relaxed meet up. A time to talk, smile, and meet new people. Anyone on a pre or post diagnosis journey with Autism or ADHD welcome. If you have any questions or accessibility needs please email us at info@autismandadhd.org

**Autism
ADHD**

BEHAVIOUR SAFE:

Behavioursafe at Home is a 2-day course for parents/carers whose children display behaviours that challenge. The course supports parents to identify causes and triggers of behaviour, de-escalation techniques, breakaway techniques and safe holds. Courses are delivered from community-based settings across Suffolk. The courses offer a safe environment, where participants can share experiences and support with other parents experiencing similar difficulties.

This course is subsidised by Activities Unlimited. We ask for a contribution of £30 per parent/carer or £50 for couples/2 carers, but we can offer a concessions if the parent is in receipt of benefits.

A leaflet with more information and a booking form is attached to the newsletter on parentmail.

BehaviourSafe At home

"All parents who have children with a learning disability should receive this training. It enables you to keep your children safe and to have the confidence to access the community more."

BehaviourSafe at home supports parents, carers and family members living with children who display extreme behaviours, to improve the safety of everyone.

Suitable for parents of children with additional needs including Autism, ADHD, learning difficulties and mental health difficulties, the two day course includes:

- **Early Intervention**
Understanding the triggers of challenging behaviour and how to deal with them is essential to improve the safety of all in the home. This course supports parent/carers to gain a better understanding of the theory and use of physical interventions and to cope with all levels of behaviour, with a focus on early intervention and de-escalation techniques.
- **Theory and Practical**
The course covers:
 - The theory of de-escalation
 - The legal framework around restrictive techniques
 - Tailored early intervention strategies
 - Individualised response plans
 - Physical intervention training, including non-restrictive and restrictive techniques if required.
- **Support and Community**
Participants have the opportunity to meet other parents and carers facing similar challenges, access to a closed website area and support from a private Facebook support group.

"Excellent trainers with a huge wealth of experience. Thank you very much"

Bells & Craft
CONSULTANCY

**ACTIVITIES
UNLIMITED**

NEW SCHOOL GUIDANCE FROM 1.4.22

Please see the updated guidance below.

- adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature
- children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
- adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days

TERM DATES:

Term dates for 2021 – 2022

Summer Term 2022

Tuesday 26th April – Tuesday 19th July

Bank holiday: 02nd May & 06th June

Half term: 30th May – 03rd June

Staff Training days: 25th April, 20th & 21st July

Term dates for 2022 – 2023

Autumn Term 2022

Monday 5th September – Friday 16th December

Half term: 24th – 28th October

Staff Training day: 1st & 2nd September

Spring Term 2023

Wednesday 4th January – Friday 31st March

Half term: 13th – 17th February

Staff Training day: 3rd January

Summer Term 2023

Tuesday 18th April – Thursday 20th July

Bank holiday: 1st May

Half term: 29th May – 2nd June

Staff Training days: 17th April, 21st July