



St Mary's Newsletter

Issue 14

6th January 2023

St. Mary's Catholic Primary School, Woodbridge Road, Ipswich, IP4 4EU

<http://www.stmaryscatholicprimaryipswich.com>

School Rules:

Be ready, Be respectful, Be safe

Tweet of the Week

"When we have strong feelings of doubt and fear, and we seem to be sinking, we must not be ashamed to cry out like Peter: "Lord, save me". This is a beautiful prayer! And Jesus immediately stretches out his hand."

Pope Francis (@Pontifex)



Week Commencing 3rd January 2023:

9th Jan: Sports clubs begin

9th Jan: Yr 4 begin swimming lessons

12th Jan: Beginning of term Mass 2.30pm in Church – parents welcome

Dear Parents and Carers,

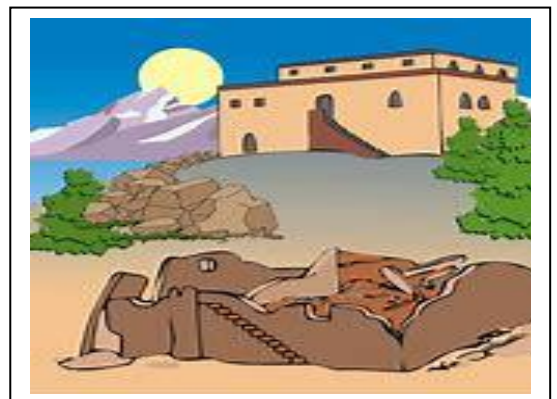
Happy New Year. Thank you for all your good wishes and Christmas gifts.

We have had a wonderful start to the new term, the children have returned to school rested and ready to learn. Excellent learning behaviours can be seen across the school.

This week, in collective worship we reflected on 'The Parable of the Wise and Foolish Builders'. I was really impressed with the children's reflections. They talked about Jesus being our rock and that we can build strong foundation on for the new year ahead.

Kind regards

Mrs Berry and Mrs Measham



Parents Survey Feedback:

Thank you to everyone who completed the parents survey. Please find attached the results. Your feedback helps us to review and develop our school. Some parents commented that they would prefer face to face parents evening, we will issue a survey regarding this soon.

[Results of Parents Survey November 2022.docx](#)

Please remember to check the website if you would like further information about our curriculum. The link below will take you to a whole school overview.

[St Mary's Catholic Primary School Curriculum 22-23.pdf](#)

RECEPTION SEPTEMBER 2023 APPLICATIONS – Deadline date 15th January 2023:

Applications for a Reception September 2023 place should be made by the **deadline date of 15th January 2023.**

IMPORTANT: St Mary's require a completed Supplementary Information Form (SIF) which should be sent to the school before **15th January deadline** please (with a copy of the baptism certificate if applicable). The SIF (Supplementary Information Form) should be completed for **all applications** and can be found on our website under 'Key Information – Admissions'

The application form should be completed online via the Suffolk County Council Admissions website. <https://www.suffolk.gov.uk/children-families-and-learning/schools/school-places/apply-for-a-primary-school-place-20232024/>



**If your child was born between
1 September 2018 and
31 August 2019,
you must apply for a full-time
school place by
15 January 2023**



SPORTS CLUBS – SPRING TERM

Mondays: Football Club Yrs 1 & 2 starting 9th January at 3.30pm (last session March 20th)

Wednesdays: Multisports Club Yrs 1,2 & 3 starting 11th January at 8am (last session March 22nd) **FULLY BOOKED**

Wednesdays: Football Club Yrs 5 & 6 (Boys) starting 11th January at 3.30pm (last session March 22nd)

Thursdays: Football Club Yrs 3 & 4 (Boys) starting 12th January at 8am (last session March 23rd)

Fridays: Football Club (Girls) KS2 starting 13th January at 12.10pm (last session March 24th)

Fridays: ~~Multisports Club Yrs 4,5 & 6 starting 13th January at 3.30pm (last session March 24th) FULLY BOOKED~~

Wednesdays: ~~Netball Club Yrs 5 & 6 Girls starting 18th January at 3.30pm (last session March 22nd)~~

NB: Please be aware that if your child is pupil premium, we maybe able to offer support for you with the clubs.





SPOTLIGHT ON RECEPTION

Reception have been enjoying our newly designed classroom! We were incredibly lucky to have Mrs Twani come in and work with Mrs Goodwin to make our classroom environment even better!

Our areas have moved around a little bit and we now have a snack café in our foyer which we can access when we like, all the adults have been very impressed with how sensibly we have been using it. We know that only four children at a time can have snack and that we have to wait our turn, we have also been practicing our conversation skills and enjoying the company of different people. We have also moved our blocks and small world area in our classroom and have a dedicated space to enjoy our Lego, Duplo and Mobilo! Inside we are excited about getting a big painting easel to go in our studio area!



Outside has had a major change! Even Mrs Berry came down and enjoyed moving things around! We have moved our shed and taken down some of the fence so that the outside area is one BIG space. We have moved our bricks into the shed so that they can stay dry and we can help to look after them, we have really enjoyed playing with some of the new resources too. Our bike area has moved and it's now a bit trickier, we have to try and get through smaller gaps and really work on our special awareness! We are just waiting on a new woodwork bench and a bug hotel – we can't wait!



We are looking forward to our new topic on Journeys and have been enjoying playing with our small world transport. It includes a rocket and space station, a double decker bus and a boat!

READING FOR PLEASURE:



Welcome to the PiXL Reading for Pleasure Newsletter for Spring One. It seems like it was not that long ago that we were saying welcome back at the start of the academic year and we are already a full term through! We have a wealth of wonderful books to share with you, including some award winners that you may wish to share with your children, as well as key events for the half term.

TOP TIPS TO ENCOURAGE READING FOR PLEASURE AT HOME

Model being a reader to your children, do your children see you read?

Remember reading doesn't have to be a novel, it can be newspapers, magazines, recipes, instruction, anything with words!

Encourage children to read everywhere, involve them in reading the recipe for dinner, shopping lists in the supermarket even the TV listings when choosing what to watch, shared reading times don't have to be snuggled up with a book - however lovely that is.

Use your voice to help bring books to life. You can work with your child to decide what voice characters should have and do the sound effects! It may feel a little silly to begin with, but your child will love to hear you involved in their story.



Whatever you and your child choose to read, we hope you enjoy it!

Please note that the following texts are suitable from the age group stated, but please do research the books before selecting them to ensure that they are appropriate for your child.

Please take a moment to read the PiXL Reading for Pleasure information.

[Reading For Pleasure Home Newsletter - Spring 1 2023.pdf](#)

EKLAN:

For Parents and Carers in Suffolk



Let's Talk
with 5-11s

A VIRTUAL, practical course which helps parents and carers to develop and enhance children's understanding and talking.



Suffolk's Specialist Education Services are pleased to be able to offer this popular course. The eight 2 hour sessions will enable you to learn how to develop your children's understanding and talking.

THE AIMS ARE

- To learn why some children find it challenging to understand what is said to them and to talk.
- To give you practical ideas to help children learn to listen, understand and speak.
- To help you develop children's talking so that they do better in school.
- To share ideas with other parents and carers.

TOPICS COVERED

- Understanding what's going on when we talk to each other.
- Improving interaction and conversation.
- Improving listening and understanding.
- Learning new words.
- Talking in full sentences.
- Learning how to ask appropriate questions and share books.
- Helping children whose speech is hard to understand.

For Parents and Carers in Suffolk

DATES AND TIMES

This course is virtual, delivered through Microsoft TEAMS.

Session 1	9:30am – 11:30am	9.3.23
Session 2	9:30am – 11:30am	16.3.23
Session 3	9:30am – 11:30am	23.3.23
Session 4	9:30am – 11:30am	30.3.23
Session 5	9:30am – 11:30am	20.4.23
Session 6	9:30am – 11:30am	27.4.23
Session 7	9:30am – 11:30am	04.5.23
Session 8	9:30am – 11:30am	11.5.23

COST £15

- You will need to buy the course book, ready to take part in these sessions.
- The course book costs £15 plus postage.
- The course book is available at the ELKLAN Shop <https://www.elklan.co.uk/Shop/?search=Lets+Talk+5-11+workbook> (it is the book pictured below)



Let's Talk with 5-11s workbook

£15.00

The workbook for the Let's Talk with 5-11s course.

There are no other costs for this unaccredited course.

This is a popular course with limited places. Places will be offered on a first come first served basis.

Closing date for bookings: 22.2.23

Once you have had confirmation of your place on the course you can order your book.

This course is invaluable to parents of children who have any type of difficulty with communication.

I would like to thank you all for doing this course. I have taken so much away from it and find I have a better relationship with my children due to the course.

TO BOOK YOUR PLACE/ ASK QUESTIONS PLEASE CONTACT:

Lucy Parker lucy.parker@suffolk.gov.uk

Rosemary Kelly rosemary.kelly@suffolk.gov.uk

Closing date for bookings: 22.2.23

ONE LIFE SUFFOLK:

MORE Life One Life Suffolk

FREE Family Clubs

*Eligibility criteria applies

Available near you!

OneLife Family Clubs are a great way to learn, have fun, and get active!

Make new friends! "OneLife has helped motivate us to make changes in our lives"

Learn new skills!

"Very informative and helpful in learning new skills and giving us tools to continue altering our habits"

Sports, Cooking, Games + more!

SCAN ME

Scan to book! Or call us!

"BMI above a 'healthy weight' or above 91st Centile (you can find your BMI by searching 'NHS BMI calculator' online) For the full eligibility criteria please visit our website

BOOK NOW! www.onelifesuffolk.co.uk | 01473 718193

Want to lose weight, become more active or stop smoking? You don't have to do it alone! OneLife Suffolk offer a variety of FREE services for Suffolk residents to help create healthier, happier futures. We deliver our services by telephone, Zoom, and Facebook.

<https://onelifesuffolk.co.uk/>

SUPPORTING YOUNG PEOPLE'S MENTAL HEALTH:



Supporting young people's mental health

Parent/Carer workshops January – February 2023

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are live and 60 minutes long.

Supporting our Young People with Anxiety
For parents to understand anxiety and how to support their child with worry
9 January 2023 – 13:00 [Book a place](#)
9 January 2023 – 18:00 [Book a place](#)

Supporting our Young People to Manage Big Feelings
A workshop aimed at parents of young people aged up to 11 to help support our children in managing d emotions.
10th January 2023 – 18:00 [Book a place](#)

Supporting our Young People with Low Mood
For parents to understand low mood and how to support their child/teenager
10th January 2023 – 19:15 [Book a place](#)

Supporting our Young People with OCD
'This workshop is for parents of school aged children to help them understand 'Obsessive Compulsive Disorder' (OCD) better
6th February 2023 – 13:00 [Book a place](#)
6th February 2023 – 18:00 [Book a place](#)

Supporting our Young People with Anxiety
For parents to understand anxiety and how to support their child with worry
7th February 2023 – 18:00 [Book a place](#)

Supporting our Young People with Challenging Behaviour
A workshop for parents who are concerned or want to learn more about child behaviour that can be difficult to manage
7th February 2023 – 19:15 [Book a place](#)

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for **Psychology in Schools Team - NSFT**



Working together for better mental health

To book a space on one of the courses visit www.eventbrite.co.uk and search for Psychology in Schools Team – NSFT

TERM DATES:

Term dates for 2022 – 2023

Autumn Term 2022
Monday 5th September – Friday 16th December

Spring Term 2023
Wednesday 4th January – Friday 31st March
Half term: 13th – 17th February
Staff Training day: 3rd January

Summer Term 2023
Tuesday 18th April – Thursday 20th July
Bank holiday: 1st May & 8th May
Half term: 29th May – 2nd June
Staff Training days: 17th April, 21st July