



# Holy Week

# Special Pebble

 #NDHSNorwich

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IGNITE  
EAST ANGLIA DIOCESE  
YOUTH MISSION TEAM

**CORNER  
STONE** 

# A Prayer for the World

God of love and hope,  
You care for all of creation.

The world feels strange right now.

We are anxious for our friends and family.

Be with us and help us find peace.

Through Christ our Lord.

Amen.

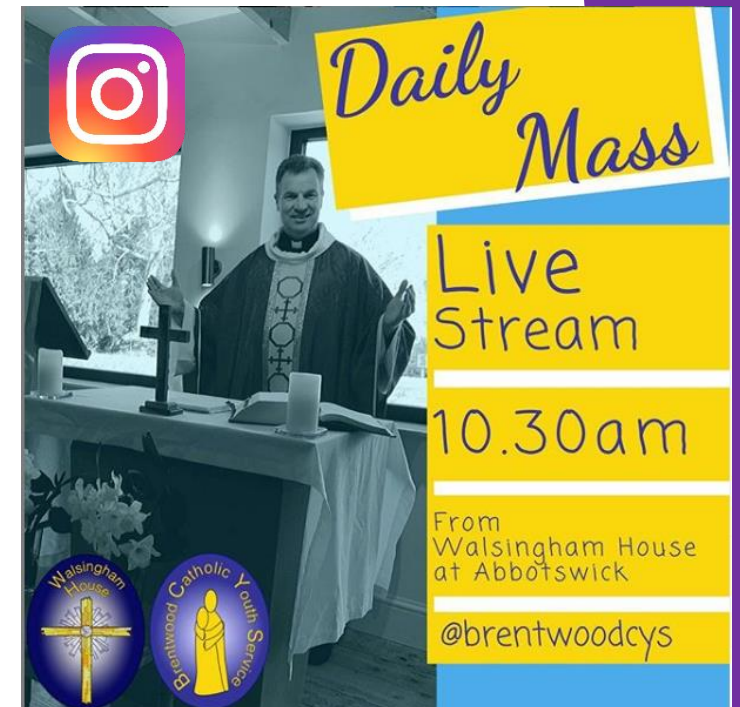
Holy Week and Easter are normally a time for us to spend time together as friends, family and community.

Although we have been asked not to leave our homes, we can still come together in our thoughts and prayers.

Click on the images below to find ways to join in with a variety of different communities online.



St George's Church  
Prayers and Reflections





We have made a series of slides to help you to reflect on the meaning of each of the special days in Holy Week leading up to Easter Sunday.

Each slide includes a key line from one of the readings of the day and ideas on how it can inspire us.



# PALM SUNDAY



People came out of their houses and cheered for NHS workers caring for those in need of support.

In Sunday's Gospel we hear about excited crowds of people cheering as Jesus arrives in Jerusalem.

“Hosanna in the highest!” *Matthew 21:1-11*

We are being invited to put a branch outside our front door as a visible sign that we are celebrating this today together.

Who can we tell that we appreciate them?



# MAUNDY THURSDAY



We are all washing our hands a lot right now for protection.

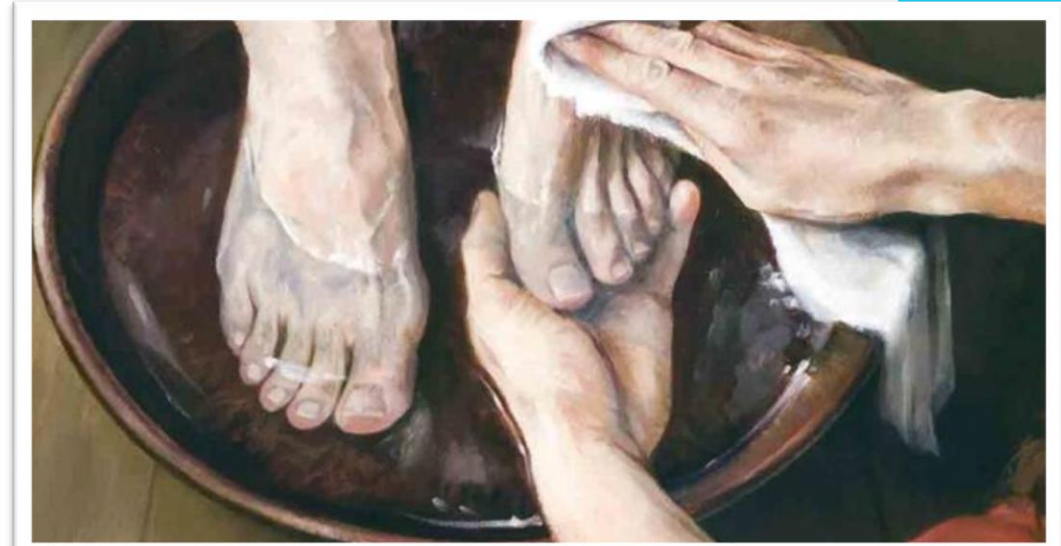
On Maundy Thursday we recall times of symbolic washing in Jesus' life.



If I have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done to you.' *John 13:1-15*

Jesus washed his disciples' feet as a sign of servant leadership.

Who can we help today?



# GOOD FRIDAY



We have all had to make sacrifices in the last couple of weeks.

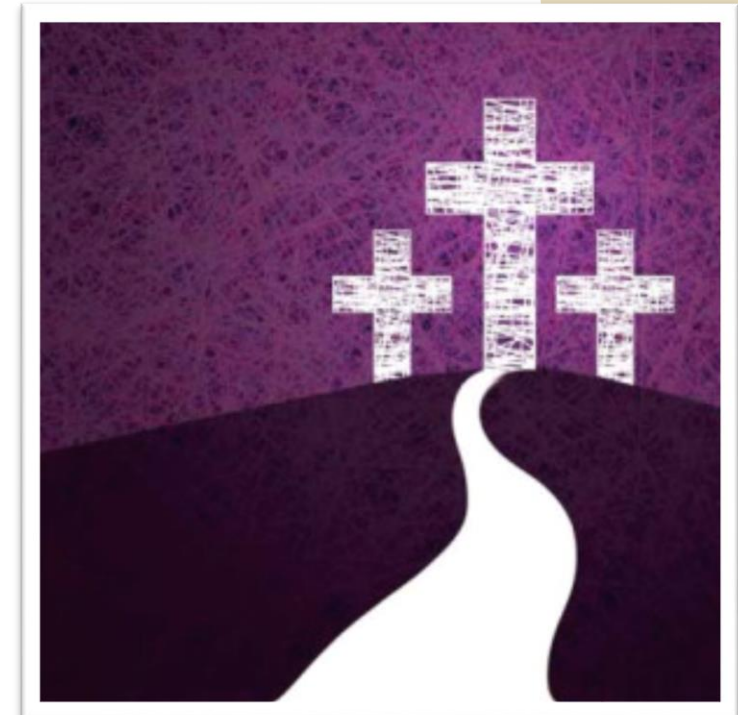
During Lent we are asked to live simply. This helps us to refocus on what is important in our lives.



“Father into your hands  
I commend my spirit”  
*Psalm 30*

Jesus gave up his life for all of humanity throughout the world.

What sacrifice for others  
can you make today?



# EASTER SUNDAY

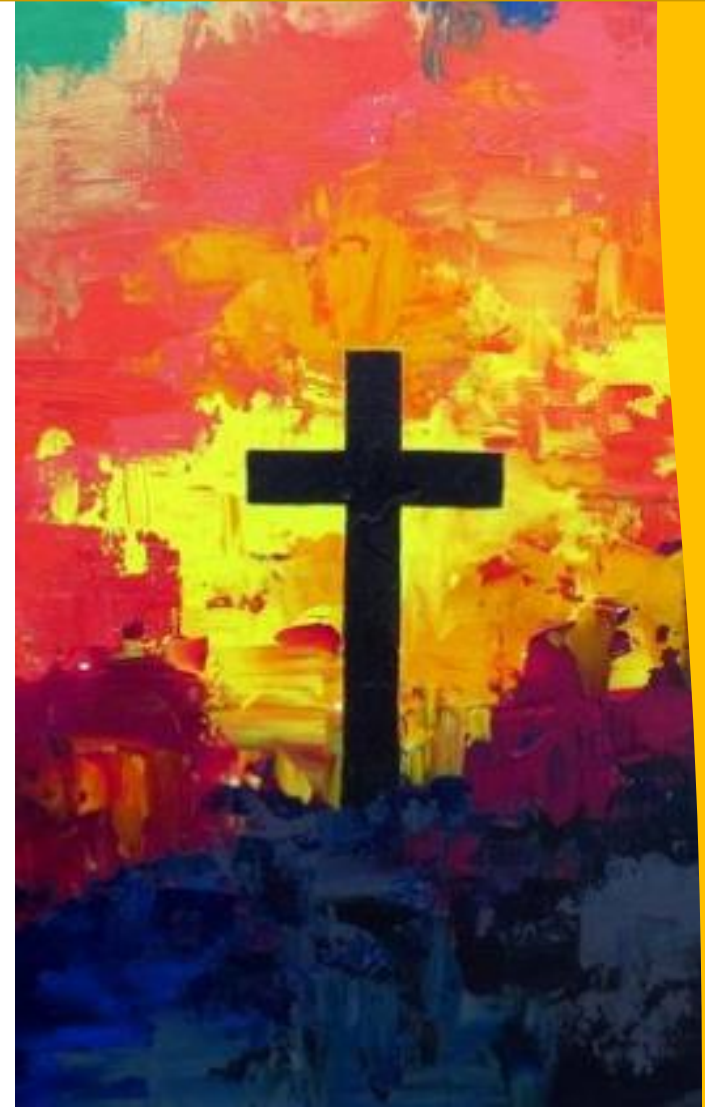
“He has risen.” Mat. 28:9

Jesus' life is a message of hope for us all.

Let us celebrate together as one global family.

We look to the future when we can all be physically together again.

Who can we share our happiness with today?



# WEEKLY PEBBLE



Pebble helps to provide prayers, reflections and fun activities to do at home.

We'll throw out our next Pebble on Monday 20<sup>th</sup> April.

To catch it, click on our Twitter or CornerStone links below.

