

Common Prayers for Upper KS2



Morning Offering

*O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.*

The Magnificat

*My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.*

*For the Almighty has done great things for me,
and holy is his name.
His mercy is from age to age
for those who fear him.*

*He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.*

*He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.*

*Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.*

Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46-55).
It is sung daily at Evening Prayer.

Act of Faith

*My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.*

Act of Hope

*My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.*

Act of Love

*My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.*

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The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

The Joyful Mysteries

(Recited Monday and Saturday)

- The Annunciation (Luke 1:26–38)
- The Visitation (Luke 1:39–45)
- The Nativity (Luke 2:1–7)

- The Presentation in the Temple (Luke 2:22–35)
- The Finding in the Temple (Luke 2:41–52)

The Mysteries of Light

(Recited Thursday)

- The Baptism of Jesus (Matthew 3:13–17)
- The Wedding Feast of Cana (John 2:1–12)
- The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)
- The Transfiguration (Luke 9:28–36)
- The Institution of the Eucharist (Matthew 26:26–29)

The Sorrowful Mysteries

(Recited Tuesday and Friday)

- The Agony in the Garden (Mark 14:32–42)
- The Scourging at the Pillar (Matthew 27:15–26)
- The Crowning with Thorns (Matthew 27:27–31)
- The Carrying of the Cross (John 19:15–17; Luke 23:27–32)
- The Crucifixion (Luke 23:33–38, 44–46)

The Glorious Mysteries

(Recited Wednesday and Sunday)

- The Resurrection (Matthew 28:1–8)
- The Ascension (Acts 1:6–11)
- The Descent of the Holy Spirit (Acts 2:1–12)
- The Assumption (1 Thessalonians 4:13–19)
- The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 61:3)

Prayer concluding the Rosary

[Hail, Holy Queen, etc. as above]

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

*O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.
Amen.*